



Social Media & Me.

1. How much social media content are you exposed to on a daily basis?

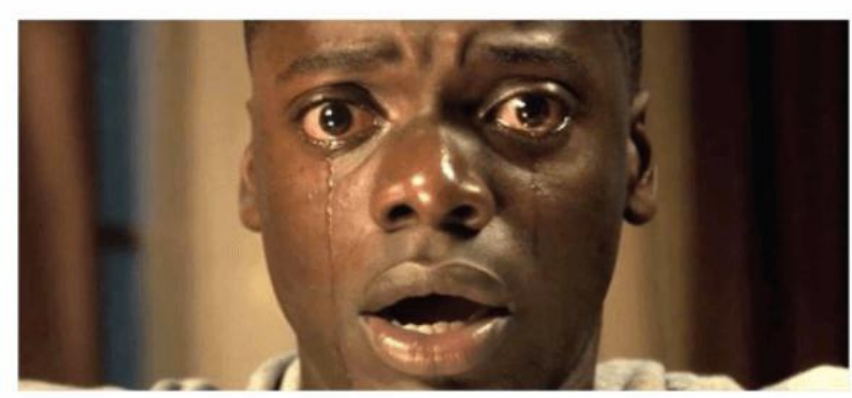
This graph shows that the average daily screen time I spend on social media content is more than 3 hours. This is significantly lower than the recommended limit of 2 hours. I need to work on reducing my screen time and increasing my productivity.



2. Are there any platforms or posts which particularly stand out in your mind?

Different social media platforms have unique characteristics. For instance, Instagram is great for sharing visual content, while Twitter is an excellent tool for networking. I prefer Instagram and Twitter because I find relatable, funny, and inspiring content on these platforms. Also, I can share posts with my friends if they are shareable. Instagram offers a more personal way to connect with friends and family by sharing photos and videos that capture special moments. Also, there is Snapchat I use it to send streaks and to know if my friends are still alive.

When it's ur turn to present in front of the class and u can't even remember ur name.



3. Has the social media content you consume affected you and your worldview, and if yes, how?

My social media exposure has given me diverse perspectives on matters such as news, and my discussions with online members have broadened my understanding of different issues. It's important to be aware that false information exists, so it's crucial to be critical of the information we consume. We should take the time to verify its accuracy before we accept it as true. So we should consider the source before forming an opinion.

Here's a link on helping to avoid fake news on social media.

<https://youtu.be/J6r3gfWg-vQ?si=IRqPix84LBnAwTow>



4. What makes you interested in social media and communication?

Social media and communication are fascinating because they provide a platform for global connectivity and a forum for discussion. The rapid spreading of information, the ability to connect with people worldwide, and the way trends are spread virally make these platforms powerful tools for communication for example, the COVID-19 pandemic was spread largely through social media, with messages and misinformation being shared quickly and efficiently. Social media can also be used to spread positive messages, such as campaigns for charity or raising awareness of social issues.



Thank You.

GOOD  BYE!!!